



Bangalore Sahodaya Schools Complex

Website: <http://bangaloresahodaya.org> Email: bangaloresahodaya@gmail.com

WORKSHOP FOR TEACHERS

Workshop on Bullying

Details of the workshop:

Date: Tuesday, 22nd October 2016

Timings: 9.00 am to 4.30 pm

Venue 1: Delhi Public School – East

Survey # 43 / 1B & 45, Sulikunte Village, Dommasandra Post, Sarjapur Road, Bangalore East – 562125

Number of participants from each school: 2 to 4 teachers

Schools requested to confirm participation by sending the scanned copy of the attached filled in registration form by email to manila.carvalho@gmail.com, manila.principal@east.dpsblr.com

Participation Fee: Rs. 500/- per participant

Kindly note the registration fee need to be paid on the day of the workshop to the host school by cash.

Last date for registration – Monday, 20th October 2016 without fail.

Session Details:

Registration and coffee:	9 a.m
Commencement Session I:	9.30 am
Coffee Break	11.00 am to 11.15 am
Session II	11.15 am to 12.45 pm
Lunch Break:	12.45 pm to 1.45 pm
Session III:	2.00 pm to 4.30 pm
Coffee and Dispersal	4.30 pm

About the Workshop:

Creating Bullying free spaces for children!

The advent of technology has caused rapid exchange of all kinds of information, ideas and opinions through the electronic media. The internet and other electronic media have inadvertently opened new challenges in creating safe spaces for children.

One of the main issues institutions and parents grapple with nowadays is the advent of bullying. Bullying has a major impact on a child's body image, self esteem, confidence and overall well being. Therefore it is important that parents and teachers are sensitized to the dynamics of bullying, the systems and laws in place to ensure safety of children, as well as learn some ways of dealing with bullying.

Programme Highlight : Sensitizing teachers on the need to handle these issues, with children, through **Continuous Consistent Conversations**. Building the capacity of the teacher to **Recognize and sensitively intervene** in instances of bullying

Objectives:

- Understand the dynamics of power and bullying, types of bullying, the effect of bullying on self esteem.
- Understand concepts of personal space and boundaries, the blocks to reporting bullying, the bystander effect
- Evaluate the various ways in which bullying is perpetuated and how to bring about sensitivity and empowerment.
- Recognize and evaluate strategies for prevention of bullying.
- Discuss and Evaluate systems (including CPP and Laws) for creation of a safe environment for children
- Devise methods to empower children to resist and report instances of bullying.

SL No	Topic	Time required
1	Overview of Bullying What is the bullying and cyber bullying? Why do some children bully? Why are some children bullied? Why don't students report it? How males and females bully in different ways? How to spot a victim? How to spot a bully?	1 hours

SL No	Topic	Time required
2	<p>Why Bullying Must Be Prevented and Stopped:</p> <p>How destructive bullying is to the well-being of students. Bullying and the effect on Self esteem.</p> <p>Bullying and Body Image</p> <p>Bullying and sexuality</p> <p>How bullying creates unsafe schools.</p>	1.5 hours
3	<p>Personal Space and boundaries</p> <p>What is Personal Space? It's Importance.</p> <p>What are the ways in which personal space is violated (Physically, Emotionally, Sexually)</p> <p>Why is there a hesitation to report violation of Personal Space (particularly sexual)</p> <p>Role of the Bystander effect in Bullying</p> <p>Why are most children bystanders - role modelling?</p> <p>What is the bystander effect?</p> <p>Active and passive Bullying?</p>	2 hours
4	<p>Prevention - be Proactive.</p> <p>How to be a safe Adult that children can reach out to.</p> <p>How to respond when I get to know of bullying.</p> <p>How to teach children to safely intervene in cases of bullying.</p> <p>What can you say to a bully?</p> <p>What to say to the bullied?</p> <p>What to say to the bystander</p> <p>How to teach children to resist and report bullying.</p> <p>Understanding POCSO, 2012</p>	1.5 hours

Facilitators:

Enfold Proactive Health Trust is a registered, non-profit organization in Bangalore, working with children and adults since 2001, in the area of prevention of child sexual abuse, gender empowerment, sexuality and life skills education.

Vision: To nurture healthy, safe and self-expressed children living a life with dignity, supported by empowered adults

Mission: To inspire social transformation by empowering children and adults through value and human rights based education in Life Skills, Personal Safety and Sexuality.

Background:

In the last fifteen years Enfold has made significant inroads in the field of personal safety education. Enfold has been conducting Life Skills based Sexuality and Personal Safety Education for school students, pre-schoolers, students from Grade 1 through 12, as well as college students. Over the years, curriculum has been frequently modified to meet the socio-cultural needs of children growing up in a rapidly changing social environment.

Enfold is committed to improving its ***Value Based curriculum in Life Skills, Gender Empowerment and Personal Safety*** on an on-going- basis with the support of experts in the field of child psychology, psychiatry, communication and gynaecology, as well feedback by students, parents and teachers (of students who have participated in the program), feedback from facilitators and scholarly articles and research on the subject.

The reach of the programs has increased manifold. So far Enfold has worked with over **1 lakh students** and **15,000 teachers, parents and other stakeholders.**

Warmest regards

Bangalore Sahodaya Team



Bangalore Sahodaya Schools Complex

Website: <http://bangaloresahodaya.org> Email: bangaloresahodaya@gmail.com

WORKSHOP REGISTRATION FORM (To be held on 22.10.2016 at DPS – East)

Workshop on Bullying

Name of the school: _____

CBSE Affiliation Number _____ BSSC Code _____

Address: _____

Phone No: _____ Email-id: _____

DETAILS OF THE PARTICIPANTS

Sl.No	Name of the Participant	Subject Handling	Class

School Seal

Signature of the Principal



Bangalore Sahodaya Schools Complex

Website: <http://bangaloresahodaya.org> Email: bangaloresahodaya@gmail.com

WORKSHOP FOR TEACHERS

Workshop on Bullying

Details of the workshop:

Date: Tuesday, 22nd October 2016

Timings: 9.00 am to 4.30 pm

Venue 1: Delhi Public School, North

35/1A, Sathanur Village, Jala Hobli
Bagalur Road, Bangalore North 562149

Number of participants from each school: 2 to 4 teachers

Schools requested to confirm participation by sending the scanned copy of the attached filled in registration form by email to _ manjuarif@gmail.com

Participation Fee: Rs. 500/- per participant

Kindly note the registration fee need to be paid on the day of the workshop to the host school by cash.

Last date for registration – Monday, 20th October 2016 without fail.

Session Details:

Registration and coffee:	9 a.m
Commencement Session I:	9.30 am
Coffee Break	11.00 am to 11.15 am
Session II	11.15 am to 12.45 pm
Lunch Break:	12.45 pm to 1.45 pm
Session III:	2.00 pm to 4.30 pm
Coffee and Dispersal	4.30 pm

About the Workshop:

Creating Bullying free spaces for children!

The advent of technology has caused rapid exchange of all kinds of information, ideas and opinions through the electronic media. The internet and other electronic media have inadvertently opened new challenges in creating safe spaces for children.

One of the main issues institutions and parents grapple with nowadays is the advent of bullying. Bullying has a major impact on a child's body image, self esteem, confidence and overall well being. Therefore it is important that parents and teachers are sensitized to the dynamics of bullying, the systems and laws in place to ensure safety of children, as well as learn some ways of dealing with bullying.

Programme Highlight : Sensitizing teachers on the need to handle these issues, with children, through **Continuous Consistent Conversations**. Building the capacity of the teacher to **Recognize and sensitively intervene** in instances of bullying

Objectives:

- Understand the dynamics of power and bullying, types of bullying, the effect of bullying on self esteem.
- Understand concepts of personal space and boundaries, the blocks to reporting bullying, the bystander effect
- Evaluate the various ways in which bullying is perpetuated and how to bring about sensitivity and empowerment.
- Recognize and evaluate strategies for prevention of bullying.
- Discuss and Evaluate systems (including CPP and Laws) for creation of a safe environment for children
- Devise methods to empower children to resist and report instances of bullying.

SL No	Topic	Time required
1	Overview of Bullying What is the bullying and cyber bullying? Why do some children bully? Why are some children bullied? Why don't students report it? How males and females bully in different ways? How to spot a victim? How to spot a bully?	1 hours

SL No	Topic	Time required
2	<p>Why Bullying Must Be Prevented and Stopped:</p> <p>How destructive bullying is to the well-being of students. Bullying and the effect on Self esteem.</p> <p>Bullying and Body Image</p> <p>Bullying and sexuality</p> <p>How bullying creates unsafe schools.</p>	1.5 hours
3	<p>Personal Space and boundaries</p> <p>What is Personal Space? It's Importance.</p> <p>What are the ways in which personal space is violated (Physically, Emotionally, Sexually)</p> <p>Why is there a hesitation to report violation of Personal Space (particularly sexual)</p> <p>Role of the Bystander effect in Bullying</p> <p>Why are most children bystanders - role modelling?</p> <p>What is the bystander effect?</p> <p>Active and passive Bullying?</p>	2 hours
4	<p>Prevention - be Proactive.</p> <p>How to be a safe Adult that children can reach out to.</p> <p>How to respond when I get to know of bullying.</p> <p>How to teach children to safely intervene in cases of bullying.</p> <p>What can you say to a bully?</p> <p>What to say to the bullied?</p> <p>What to say to the bystander</p> <p>How to teach children to resist and report bullying.</p> <p>Understanding POCSO, 2012</p>	1.5 hours

Facilitators:

Enfold Proactive Health Trust is a registered, non-profit organization in Bangalore, working with children and adults since 2001, in the area of prevention of child sexual abuse, gender empowerment, sexuality and life skills education.

Vision: To nurture healthy, safe and self-expressed children living a life with dignity, supported by empowered adults

Mission: To inspire social transformation by empowering children and adults through value and human rights based education in Life Skills, Personal Safety and Sexuality.

Background:

In the last fifteen years Enfold has made significant inroads in the field of personal safety education. Enfold has been conducting Life Skills based Sexuality and Personal Safety Education for school students, pre-schoolers, students from Grade 1 through 12, as well as college students. Over the years, curriculum has been frequently modified to meet the socio-cultural needs of children growing up in a rapidly changing social environment.

Enfold is committed to improving its ***Value Based curriculum in Life Skills, Gender Empowerment and Personal Safety*** on an on-going- basis with the support of experts in the field of child psychology, psychiatry, communication and gynaecology, as well feedback by students, parents and teachers (of students who have participated in the program), feedback from facilitators and scholarly articles and research on the subject.

The reach of the programs has increased manifold. So far Enfold has worked with over **1 lakh students** and **15,000 teachers, parents and other stakeholders.**

Warmest regards

Bangalore Sahodaya Team



Bangalore Sahodaya Schools Complex

Website: <http://bangaloresahodaya.org> Email: bangaloresahodaya@gmail.com

WORKSHOP REGISTRATION FORM

(To be held on 22.10.2016 at DPS – North)

Workshop on Bullying

Name of the school: _____

CBSE Affiliation Number _____ BSSC Code _____

Address: _____

Phone No: _____ Email-id: _____

DETAILS OF THE PARTICIPANTS

Sl.No	Name of the Participant	Subject Handling	Class

School Seal

Signature of the Principal



Bangalore Sahodaya Schools Complex

Website: <http://bangaloresahodaya.org> Email: bangaloresahodaya@gmail.com

WORKSHOP FOR TEACHERS

Workshop on Bullying

Details of the workshop:

Date: Tuesday, 22nd October 2016

Timings: 9.00 am to 4.30 pm

Venue 1: The Samhitha Academy

#52, Lakshmipura Village, Off Banneghatta Road, Bangalore- 560083.

Number of participants from each school: 2 to 4 teachers

Schools requested to confirm participation by sending the scanned copy of the attached filled in registration form by email to info@thesamhitaacademy.com

Participation Fee: Rs. 500/- per participant

Kindly note the registration fee need to be paid on the day of the workshop to the host school by cash.

Last date for registration – Monday, 20th October 2016 without fail.

Session Details:

Registration and coffee:	9 a.m
Commencement Session I:	9.30 am
Coffee Break	11.00 am to 11.15 am
Session II	11.15 am to 12.45 pm
Lunch Break:	12.45 pm to 1.45 pm
Session III:	2.00 pm to 4.30 pm
Coffee and Dispersal	4.30 pm

About the Workshop:

Creating Bullying free spaces for children!

The advent of technology has caused rapid exchange of all kinds of information, ideas and opinions through the electronic media. The internet and other electronic media have inadvertently opened new challenges in creating safe spaces for children.

One of the main issues institutions and parents grapple with nowadays is the advent of bullying. Bullying has a major impact on a child's body image, self esteem, confidence and overall well being. Therefore it is important that parents and teachers are sensitized to the dynamics of bullying, the systems and laws in place to ensure safety of children, as well as learn some ways of dealing with bullying.

Programme Highlight : Sensitizing teachers on the need to handle these issues, with children, through **Continuous Consistent Conversations**. Building the capacity of the teacher to **Recognize and sensitively intervene** in instances of bullying

Objectives:

- Understand the dynamics of power and bullying, types of bullying, the effect of bullying on self esteem.
- Understand concepts of personal space and boundaries, the blocks to reporting bullying, the bystander effect
- Evaluate the various ways in which bullying is perpetuated and how to bring about sensitivity and empowerment.
- Recognize and evaluate strategies for prevention of bullying.
- Discuss and Evaluate systems (including CPP and Laws) for creation of a safe environment for children
- Devise methods to empower children to resist and report instances of bullying.

SL No	Topic	Time required
1	Overview of Bullying What is the bullying and cyber bullying? Why do some children bully? Why are some children bullied? Why don't students report it? How males and females bully in different ways? How to spot a victim? How to spot a bully?	1 hours

SL No	Topic	Time required
2	<p>Why Bullying Must Be Prevented and Stopped:</p> <p>How destructive bullying is to the well-being of students. Bullying and the effect on Self esteem.</p> <p>Bullying and Body Image</p> <p>Bullying and sexuality</p> <p>How bullying creates unsafe schools.</p>	1.5 hours
3	<p>Personal Space and boundaries</p> <p>What is Personal Space? It's Importance.</p> <p>What are the ways in which personal space is violated (Physically, Emotionally, Sexually)</p> <p>Why is there a hesitation to report violation of Personal Space (particularly sexual)</p> <p>Role of the Bystander effect in Bullying</p> <p>Why are most children bystanders - role modelling?</p> <p>What is the bystander effect?</p> <p>Active and passive Bullying?</p>	2 hours
4	<p>Prevention - be Proactive.</p> <p>How to be a safe Adult that children can reach out to.</p> <p>How to respond when I get to know of bullying.</p> <p>How to teach children to safely intervene in cases of bullying.</p> <p>What can you say to a bully?</p> <p>What to say to the bullied?</p> <p>What to say to the bystander</p> <p>How to teach children to resist and report bullying.</p> <p>Understanding POCSO, 2012</p>	1.5 hours

Facilitators:

Enfold Proactive Health Trust is a registered, non-profit organization in Bangalore, working with children and adults since 2001, in the area of prevention of child sexual abuse, gender empowerment, sexuality and life skills education.

Vision: To nurture healthy, safe and self-expressed children living a life with dignity, supported by empowered adults

Mission: To inspire social transformation by empowering children and adults through value and human rights based education in Life Skills, Personal Safety and Sexuality.

Background:

In the last fifteen years Enfold has made significant inroads in the field of personal safety education. Enfold has been conducting Life Skills based Sexuality and Personal Safety Education for school students, pre-schoolers, students from Grade 1 through 12, as well as college students. Over the years, curriculum has been frequently modified to meet the socio-cultural needs of children growing up in a rapidly changing social environment.

Enfold is committed to improving its ***Value Based curriculum in Life Skills, Gender Empowerment and Personal Safety*** on an on-going- basis with the support of experts in the field of child psychology, psychiatry, communication and gynaecology, as well feedback by students, parents and teachers (of students who have participated in the program), feedback from facilitators and scholarly articles and research on the subject.

The reach of the programs has increased manifold. So far Enfold has worked with over **1 lakh students** and **15,000 teachers, parents and other stakeholders.**

Warmest regards

Bangalore Sahodaya Team



Bangalore Sahodaya Schools Complex

Website: <http://bangaloresahodaya.org> Email: bangaloresahodaya@gmail.com

WORKSHOP REGISTRATION FORM

(To be held on 22.10.2016 at The Samhitha Academy - South)

Workshop on Bullying

Name of the school: _____

CBSE Affiliation Number _____ BSSC Code _____

Address: _____

Phone No: _____ Email-id: _____

DETAILS OF THE PARTICIPANTS

Sl.No	Name of the Participant	Subject Handling	Class

School Seal

Signature of the Principal



Bangalore Sahodaya Schools Complex

Website: <http://bangaloresahodaya.org> Email: bangaloresahodaya@gmail.com

WORKSHOP FOR TEACHERS

Workshop on Bullying

Details of the workshop:

Date: Tuesday, 22nd October 2016

Timings: 9.00 am to 4.30 pm

Venue 1: Sri Vidyalakshmi International Public School

No.14, 2Nd Main Road, BEL Layout Ist Stage, Anjananagar, Magadi Road, Bangalore-560091.

Number of participants from each school: 2 to 4 teachers

Schools requested to confirm participation by sending the scanned copy of the attached filled in registration form by email to info@srividyalakshmi.org / principal@srividyalakshmi.org.

Participation Fee: Rs. 500/- per participant

Kindly note the registration fee need to be paid on the day of the workshop to the host school by cash.

Last date for registration – Monday, 20th October 2016 without fail.

Session Details:

Registration and coffee:	9 a.m
Commencement Session I:	9.30 am
Coffee Break	11.00 am to 11.15 am
Session II	11.15 am to 12.45 pm
Lunch Break:	12.45 pm to 1.45 pm
Session III:	2.00 pm to 4.30 pm
Coffee and Dispersal	4.30 pm

About the Workshop:

Creating Bullying free spaces for children!

The advent of technology has caused rapid exchange of all kinds of information, ideas and opinions through the electronic media. The internet and other electronic media have inadvertently opened new challenges in creating safe spaces for children.

One of the main issues institutions and parents grapple with nowadays is the advent of bullying. Bullying has a major impact on a child's body image, self esteem, confidence and overall well being. Therefore it is important that parents and teachers are sensitized to the dynamics of bullying, the systems and laws in place to ensure safety of children, as well as learn some ways of dealing with bullying.

Programme Highlight : Sensitizing teachers on the need to handle these issues, with children, through **Continuous Consistent Conversations**. Building the capacity of the teacher to **Recognize and sensitively intervene** in instances of bullying

Objectives:

- Understand the dynamics of power and bullying, types of bullying, the effect of bullying on self esteem.
- Understand concepts of personal space and boundaries, the blocks to reporting bullying, the bystander effect
- Evaluate the various ways in which bullying is perpetuated and how to bring about sensitivity and empowerment.
- Recognize and evaluate strategies for prevention of bullying.
- Discuss and Evaluate systems (including CPP and Laws) for creation of a safe environment for children
- Devise methods to empower children to resist and report instances of bullying.

SL No	Topic	Time required
1	Overview of Bullying What is the bullying and cyber bullying? Why do some children bully? Why are some children bullied? Why don't students report it? How males and females bully in different ways? How to spot a victim? How to spot a bully?	1 hours

SL No	Topic	Time required
2	<p>Why Bullying Must Be Prevented and Stopped:</p> <p>How destructive bullying is to the well-being of students. Bullying and the effect on Self esteem.</p> <p>Bullying and Body Image</p> <p>Bullying and sexuality</p> <p>How bullying creates unsafe schools.</p>	1.5 hours
3	<p>Personal Space and boundaries</p> <p>What is Personal Space? It's Importance.</p> <p>What are the ways in which personal space is violated (Physically, Emotionally, Sexually)</p> <p>Why is there a hesitation to report violation of Personal Space (particularly sexual)</p> <p>Role of the Bystander effect in Bullying</p> <p>Why are most children bystanders - role modelling?</p> <p>What is the bystander effect?</p> <p>Active and passive Bullying?</p>	2 hours
4	<p>Prevention - be Proactive.</p> <p>How to be a safe Adult that children can reach out to.</p> <p>How to respond when I get to know of bullying.</p> <p>How to teach children to safely intervene in cases of bullying.</p> <p>What can you say to a bully?</p> <p>What to say to the bullied?</p> <p>What to say to the bystander</p> <p>How to teach children to resist and report bullying.</p> <p>Understanding POCSO, 2012</p>	1.5 hours

Facilitators:

Enfold Proactive Health Trust is a registered, non-profit organization in Bangalore, working with children and adults since 2001, in the area of prevention of child sexual abuse, gender empowerment, sexuality and life skills education.

Vision: To nurture healthy, safe and self-expressed children living a life with dignity, supported by empowered adults

Mission: To inspire social transformation by empowering children and adults through value and human rights based education in Life Skills, Personal Safety and Sexuality.

Background:

In the last fifteen years Enfold has made significant inroads in the field of personal safety education. Enfold has been conducting Life Skills based Sexuality and Personal Safety Education for school students, pre-schoolers, students from Grade 1 through 12, as well as college students. Over the years, curriculum has been frequently modified to meet the socio-cultural needs of children growing up in a rapidly changing social environment.

Enfold is committed to improving its ***Value Based curriculum in Life Skills, Gender Empowerment and Personal Safety*** on an on-going- basis with the support of experts in the field of child psychology, psychiatry, communication and gynaecology, as well feedback by students, parents and teachers (of students who have participated in the program), feedback from facilitators and scholarly articles and research on the subject.

The reach of the programs has increased manifold. So far Enfold has worked with over **1 lakh students** and **15,000 teachers, parents and other stakeholders.**

Warmest regards

Bangalore Sahodaya Team



Bangalore Sahodaya Schools Complex

Website: <http://bangaloresahodaya.org> Email: bangaloresahodaya@gmail.com

WORKSHOP REGISTRATION FORM

(To be held on 22.10.2016 at Sri Vidyalakshmi International Public School)

Workshop on Bullying

Name of the school: _____

CBSE Affiliation Number _____ BSSC Code _____

Address: _____

Phone No: _____ Email-id: _____

DETAILS OF THE PARTICIPANTS

Sl.No	Name of the Participant	Subject Handling	Class

School Seal

Signature of the Principal